

**ALLEGHENY COUNTY COALITION FOR RECOVERY  
CHILD AND FAMILY RECOVERY AND RESILIENCY  
COMMITTEE**

**Minutes  
April 24, 2008**

**Co-Chairs:** Sherry Shaffer and Denise Weis

**Note Taker:** Charlotte Frederick (Chari)

**Attendees:** Doreen Barkkowitz, Roy Faloskey, Deb Ferraro, Lindsay Gasparovich, Verna L. Johnson, Meg Park, Ryan Turner

**ANNOUNCEMENTS:**

1. **NEW NOTE-TAKER:** Charlotte (Chari) Frederick, Introduction

2. **LIFExpo event-ACCR Public Awareness Committee-Volunteers needed**

A. Thursday, **May 1st** and **Friday, May 2nd**-noon-8pm-set up and staffing booths

B. Saturday, **May 3rd**-(Main Event)-Noon to 8pm

C. Contact: Craig Dorin at 412-461-1322 ext 247 or Bobbi Donovan at 412-350-5225

3. **Consumer/Provider collaborative Meeting**-update

A. Next **Meeting**-Tuesday, May 13th-11:30am-1:00pm at Wood Street Commons 304 Wood Street, downtown.

4. **Mental Health Awareness Day!**

A. Tuesday, **May 6, 2008**-Activities start at 3:30pm

B. East Liberty Presbyterian Church  
116 S. Highland Avenue  
Pittsburgh, PA 15206

C. Sponsored by the Allegheny County Department of Human Services, Office of Behavioral Health, System of Care Initiative

D. Open to System of Care family members, Community Advisory Board Members, Community Network Teams, Allegheny Family Network and Staff

**Agenda Item 1:** Budget Issues, Fiscal year '07-'08

**Committee Goal Being Addressed:** Spending the last of this fiscal year's money

**Discussion:**

1. 1000 Recovery/Resiliency Crosswalk Brochures ordered from printer
2. 200 "A WRAP Workbook for Kids" - A *Wellness Recovery Action Plan* for children 7-12 c/o Mary Ellen Copeland at \$12.00 each ordered to be included in the toolkits for providers of services to children and families/not included in toolkits distributed to families and general public
3. 2 copies of "WRAP for Your Computer" ordered at \$19.95 each
4. There was some discussion regarding Doreen's research on recovery workbooks for transition age youth--to be further discussed at next meeting
5. There was some discussion regarding Lindsay's idea of having recovery stories being used for youth to listen to in privacy in a pod cast form.
6. Sherry supplied several different versions of folders for holding the toolkit items. They were passed around and viewed by the committee members. The majority of those present decided that an 8 1/2" x 11" rectangular shaped, clear, soft plastic, 1" deep, box-type container that was held closed by elastic bands would best serve the purpose. A box of crayons and other type items could also be enclosed with no problem.

**Action Item:** Sherry will order folder for tool kits. Target date: May 29, 2008

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**Agenda Item 2:** ACCR's Consumer-Provider Collaborative project with the Child and Family Committee

**Committee Goal Being Addressed:** Educating providers on resiliency principles and general improvement of communications between family and providers

**Discussion:**

1. There was continued discussion on Ryan's announcement at the last meeting regarding the dialogue for transition age youth (roughly 16-24)
2. At the same time and place there would be a parallel dialogue between family members of transitional age youth and providers of those services. No participant will dialogue with any individual from whom they receive services.
3. Both committees will work to find 8-10 youth, 8-10 adults, and 8-10 providers. There will be two (2) concurrent groups of 4-5 youth and 4-5 providers in one group and 4-5 adults and 4-5 providers in another group. Each group will have two (2) facilitators.
4. The target dates for this event are late September to middle October.

**Action Item-Child and Family Committee:** Continue to collaborate with C-PC committee on planning the upcoming Dialogues

People responsible: Ryan, Chris, Denise, Doreen and Meg will attend May 13 C-PC meeting and report back to this committee at our May meeting

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**Agenda Item 3:** ACCR Service Planning Principles

**Committee Goal Being Addressed:** Completion of the ACCR QUALITY SERVICE PLANNING PRINCIPLES chart

**Discussion:**

1. The corrections and additions c/o Meg were acknowledged and accepted
2. Any further input was discussed and it was decided that it was acceptable "as is"
3. It would be re-submitted with the additions and any corrections

**Action Item:** Meg to present to Quality Improvement Committee for final revisions.

**Agenda Item:** PowerPoint

**Committee Goal Being Addressed:** Planning/Prep for Toolkits

**Discussion:**

1. There was a lot of commentary regarding Ryan's power-point production and how it had such positive influence on staff and children who receive services. It is hoped that there can be further attention and exploration devoted to this project.
2. Doreen shared the positive personal experience she had with her son regarding Ryan's power-point presentation.
3. The majority of the committee members present felt that the power-point project had an enormous amount of potential. The plan is to work on a PowerPoint's that could be adapted based on the audience (younger children, families, adolescents/older youth, teachers, direct service staff, etc.)
4. There will be further discussion at the next committee meeting.

**Action Item:** None needed at this time

**Next Meeting Date, Location, and Time:** Thursday, May 29, 2008 at 2:30 to 4:00 at the Mental Health America Offices at 1945 Fifth Avenue, Pittsburgh, PA.