

# ACCR Committee Minutes

## Child and Family Committee

Date: 1/31/08

**Co-Chairs:** Sherry Shaffer; Denise Weis

**Note taker:** Meg Park

**Attendees:** Doreen Barkowitz, Bill Boyce, Jennifer Eaton, Kim Falk, Debbie Ferraro, Anikia Hawthorne, Verna L. Johnson, Tammy Marsico, Chelsea Quattrone, Wes Sowers, Ryan Turner, Chris Weis

- Sherry called the meeting to order at 1:35
- Introductions were made

**Agenda Item 1:** Resiliency & Recovery: Raising awareness among children’s providers, schools, families, young people and community at large.

**Committee Goal Being Addressed:** Educate providers, schools, children, youth, families and the general community about the concept of resilience. Raise public awareness about concept of resilience.

**Discussion Items:** Sherry briefly reviewed this as our primary goal for 2008

1. Developing comprehensive training curriculum for child serving systems starting with MH/BH providers on Recovery & Resiliency Oriented Services (RROS). During the January meeting, the group reviewed the then current draft of the Principle Guidelines/Indicators for RROS service planning. The group reviewed an updated draft today, and provided feedback/suggestions to make the Guidelines more inclusive of children, youth and family service planning.
2. Possibility of working with OERP/University of Pittsburgh training program in order to reach widest possible professional audience.
3. Distributed *Recovery vs. Resiliency Crosswalk* brochures.
4. Youth and Family Training Institute – A brief overview of the Youth & Family Institute was provided to the group. WPIC/University of Pittsburgh was awarded the contract by OMHSAS to implement this project. This will replace the former CASSP institute, which focused much of their effort on training of providers. This project is viewed as the “next step” in system redesign. The goal is for counties to develop “high fidelity wraparound” services for children, youth and families. Each County will develop a plan and submit a proposal on how they will implement “high fidelity wraparound” and the Institute will provide intensive training and certification of facilitators and youth/family support positions for the counties who will be participating in the pilot phase. The group discussed how we might be a partner in these efforts in Allegheny County. Allegheny County will likely be one of the pilot counties for this project, specifically related to our System of Care Initiatives (SOI). Our SOI initiatives are seen as a model of how to implement “high fidelity wraparound” in the communities served.

<b>Action Item: Training development for RROS for children &amp; families, schools &amp; other providers</b>	<b>Person Responsible</b>	<b>Target Date</b>
Develop training curriculum for Recovery/Resiliency Oriented Services to begin with providers of services	All	2008
Distribute RROS booklet as widely as possible. Check with Mike Gruber to how many booklets are presently available.	Sherry & Wes	Jan. '08
Incorporate the universal service plan principles developed by QM committee into RROS message & curriculum,(p.9 of Guidelines)	All	On-going

**Agenda Item 2: Child and Family Committee involvement with ACCR’s Consumer-Provider Collaborative (C-PC)**

**Committee Goal Being Addressed:** Increasing awareness among family members, service users (including children) and providers on recovery and resiliency issues.

**Discussion Items:** Dr. Wes Sowers announced that the C-PC wants to work with the Child and Family Committee to provide trialogues and/or dialogues for the purpose of increasing awareness of RROS. C-PC would like to recruit representatives from this committee to help organize and promote venues and opportunities.

Over the past 10 years there have been over 30 “dialogues” presented in Allegheny County. The objectives are as follows: a) to foster better understanding of the roles of each type of participant in services, b) to function to develop trust and respect between and among participants, c) to provide an honest and objective view of each other’s lived experience and d) to provide a tool to facilitate more collaborative relationships and authentic partnerships between service providers and the recipients of services.

1. C-PC generally wants to have a fuller representation of participants for its dialogues/trialogues.
2. C-PC want to bring out the interests of the Child and Family Committee as well as the interests of individual family members, their providers and children who are in services
3. C-PC would like to do at least one trialogue focusing on adolescents and transition age youth, their family members and a cross section of different types of providers of services for them.
4. C-PC has discussed wanting to do a dialogue between transition age youth and their providers.
5. C-PC would then take what was been learned back to different advisory committees and other interested parties.

<b>Action Item – Increasing Awareness of Child and Family Issues with all participants in services</b>	<b>Persons Responsible</b>	<b>Target Date</b>
Planning group for organizing and promoting dialogues/trialogues was formed	Doreen, Chelsea, Tammy, Ryan, Denise, Chris, Meg and Wes	On-going
Initial planning session to be at the regularly scheduled meeting of the C-PC	Same as above plus C-PC Cmte	<b>Tues. Feb. 12, 2008</b>

**Agenda Item 3:** Recovery & Resiliency: Prioritizing Goals of ACCR Child & Family Committee; working toward systems change and systems integration.

**Committee Goal Being Addressed:** Transformation of Child Serving Systems toward services that are resiliency/recovery oriented.

**Discussion Items:**

1. Integrating the universal guidelines for service planning for adult services with children's' with a specific focus on planning for the smoothest transitions possible between adolescent and adult services. To focus RROS guidelines for planning on being progressive in order to facilitate the transition.
2. Planning to put the concept of resiliency into the planning process by operationalizing it into programs and service plans as well as designing outcome measurements all to support a decrease in the fragmentation of services and increase the notion of treating the whole individual throughout the lifespan,

<b>Action Item – Systems Transformation</b>	<b>Person Responsible</b>	<b>Target Date</b>
Distribute simplified language revision of recovery-oriented service principles from the Quality Management Committee	Meg	Dec. 07
Reviewed recovery-oriented service principles outcome measurements and made comments specific to children/adolescents and transition age youth and young adults for the Quality Management Committee	All	Jan. '08 completed
Revisions of Principles with Committee comments to be circulated	Meg	Feb. '08
Review and make suggestions on revision to the Matrix on ways the service planning indicators can be demonstrated by providers	All	March '08

**Announcements:**

Chris Weis: The Public Awareness Committee is planning an event at the Pittsburgh Zoo. It is to have a child and family focus. They announced the possibility of organizing a speaker's event and a dinner. They are also planning on establishing tables at different community events

Sherry: The Trauma Informed Care follow-up training event is March 2, 2008 at Crowne Plaza Hotel in Bethel Park. This training will focus on understanding the psycho-biology of trauma.

**Next Meeting: February 28, 2008 at 2:30pm at Mental Health America offices, 1945-Fifth Avenue, 3<sup>rd</sup> floor conference room.**