

ACCR Committee Minutes

Date: 11/8/07

Child and Family Committee

Co-Chair(s): Sherry Shaffer; Denise Weis

Note taker: Meg Park

Attendees: Doreen Barkowitz, Brenda Boboige, Bill Boyce, Sarah Goldstein, Wes Sowers, Ryan Turner, Denise Weis

- Sherry called the meeting to order at 2:10
 - Introductions were made and new people welcomed. Brenda Boboige, Child and Adolescent Case Manager from Milestone Centers, Inc (formerly Allegheny East MH/MR) joined us
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Agenda Item 1: Guidelines for RROS for Children & Families

Committee Goal Being Addressed: Complete a Child and Family Version of the ACCR "Guidelines for Developing Recovery Oriented BH systems"

Discussion Items:

1. Distribution of Recovery vs. Resiliency Crosswalk to wider audience – Who should we target? (e.g. Providers, Pediatricians, Advocacy Orgs, etc)
2. Distribution of RROS Guidelines to wider audience – Focus on Provider Education – Select a topic from RROS Guidelines & develop training curriculum

Action Item	Person Responsible	Target Date
Participate in planning committee for follow-up training/activities from Sept 19 th training	Deb F/Sherry	On-going
Select a topic area from the RROS Guidelines	All	12/07
Develop Training Curriculum for Topic Area	TBA	6/08

Agenda Item 2: Resiliency & Recovery: Raising awareness among children's providers, schools, families, young people and community at large.

Committee Goal Being Addressed: Educate providers, schools, children, youth, families and the general community about the concept of resilience. Raise public awareness about concept of resilience.

Discussion Items:

1. Develop a "positive message" – e.g. Hope – Things can/will/do get better! Help is available! 101 ways to praise a child
2. What should be our focus for 2008? If we target providers, should Public Awareness target general public?
3. Curriculum development – For Recovery/Resilience 101
4. Increase distribution of Recovery vs. Resiliency Crosswalk brochures. Mike is ordering 40,000 more. Ideas: pediatricians' offices, dentists, physical therapists, PCPs, pain mgt clinics, Cancer centers, schools, libraries and resource centers.

6) Sarah G. reported that through CCBH she was developing a plan to publish a story book for children about recovery within wraparound services. This would show through a story what a child who gets better looks like.

Action Item – Raising Public Awareness	Person Responsible	Target Date
Develop training curriculum for Recovery/Resiliency 101	All	Dec 07
Select target audience(s) for focus for 2008. Distribute as widely as possible	All	Dec 07
Incorporate the universal service plan principles developed by QM cmte into RROS message & curriculum,(p.9 of Guidelines)	All	?
Distribute Recovery vs. Resiliency Crosswalk to PCP offices, broader BH provider community, other child-serving systems – Need to check on status of ordering more brochures	Sherry/All	12/07

Agenda Item 3: Recovery & Resiliency: Prioritizing Goals of ACCR Child & Family Committee - Working toward systems change and systems integration.

Committee Goal Being Addressed: Transformation of Child Serving Systems toward services that are resiliency/recovery oriented.

Discussion Items:

- 1) Cultivating “common ground” between systems, families, communities – What do we all have in common? What goals do we share? (E.g. healthy development of kids).
- 2) Working with SOCI and CSC to promote common goals for system transformation
- 3) Education of child serving systems – developing positive mental health/wellness approach as prevention – public health model. Getting away from focus on illness and move more to emphasis on coping with stress/distress within universal life challenges. Giving providers a comprehensive concept of resiliency as the primary focus of the committee’s educational efforts.

4) Set primary and secondary priorities taking into consideration the Steering Committee’s request for each committee to review the new proposed role for ACCR. The role is stated as follows:

“To promote public awareness of recovery and promote recovery-oriented system change through information, communication and collaboration”

5.) Develop and promote online web-based seminars (webinars) with Power Point presentations, videos, pertinent links, making pre- and post-tests available to enable CEUs to be available.

6) Develop use of the dialogue model of education to explore how family participation impacts planning and outcomes. Perhaps providing observed dialogues (panel discussions) so that the widest possible amount of community involvement could be obtained.

7) integrating the universal guidelines for planning for adult with children’s’ with a specific focus on making for smoothest transitions possible between adolescent and adult services. To focus RROS guidelines for planning on being progressive to facilitate the transition.

8) Planning to put the concept of resiliency into the planning process by operationalizing it into programs and plans and measuring outcomes all to support a decrease in the fragmentation of services and increase the notion of treating the whole individual throughout the lifespan,

Action Item – System Transformation	Person Responsible	Target Date
1. Think about ways to integrate services, develop message	All	

2. Promoting “common ground” between systems – thing public health model/prevention of SED through wellness (physical, mental, spiritual)	All	
3. Look at what Quality cmte has on website & be prepared to discuss www.coalitionforrecovery.org - click on ACCR Committees, then Quality Improvement Cmte, then Service Planning Principles Matrix and Service Planning Principles Document.	All	Dec. '07
4. Select Target Audience(s) for 2008	All	Dec. '07
5. Develop curriculum for Recovery/Resiliency 101	All	?

Next Meeting: December 6th at 1:30 pm at Mental Health Association, 3rd floor conference room