

ACCR Committee Minutes Form

Date: 3/29/07

Name of Committee: ACCR – Child and Family Committee

Co-Chair(s): Sherry Shaffer; Wes Sowers (temporary)

Note taker: Sherry Shaffer (temporary)

Attendees: Keith Solomon, Deb Ferraro, Fred Fowler, Chris Weis, Denise Weis, Kim Falk, Ryan Turner, Sherry Shaffer

Next Meeting: Thursday April 19th at 12:30pm at MHA, 3rd Floor Conference Room

Agenda Item: Guidelines for RROS for Children & Families

Committee Goal Being Addressed: Complete a Child and Family Version of the ACCR “Guidelines for Developing Recovery Oriented BH systems”

Discussion Items:

1. Distribution of Guidelines to wider audience
2. Participation in upcoming subcommittees of the CSC - Indicators Subcommittee - May 17th and June 14th (time TBA) – anyone interested?
3. Development of Self-Assessment Tool (deferred until CSC finishes their work)

Action Item	Person Responsible	Target Date
Participate in Values Subcommittee of Children’s Services Cmte	Deb Ferraro	On-going

Agenda Item: Resiliency & Recovery: Raising awareness among children’s providers, families, young people and community at large.

Committee Goal Being Addressed: Educate providers, children, youth, families and the general community about the concept of resilience. Raise public awareness about concept of resilience.

Discussion Items:

- 1) Participation and planning with Public Awareness Committee on Un-dependence Day – confirmed date: **Saturday July 7th – 11am – 4pm** in Oakland beside Carnegie Library (behind the dinosaur)
Activities proposed by Child/Family Committee –
Puppet Show – with a wellness/resilience/mental health theme (Jen Eaton); update: 3/30 (attached information) – Jen reports that no puppet show company will create something in particular for us. Prices are \$550 for one show (this is typical, regardless of vendor)
Games – Races, relays, egg toss, team activities (Deb Ferraro) – The Boy Scouts are interested in helping with this. Deb requests that we send a flyer and a brief write-up of what number of kids, activities we’re interested in and she will send to her contact at the Boy Scouts. He will then circulate to local troops for volunteers to work with us. They will also want to join us

on the visit to the location, to assess and plan for set up. The group agreed that picnic-type relays and games would be best, since it is hard to predict numbers of kids. Chris recommended that we have plenty of water available for kids during these activities.

Police giving bike safety talk – free helmets, I.Ds for kids (check out Weed & Seed); Chris Weis reported that Weed & Seed program will not be able to participate this year. They have a big event the following weekend.

Resources tables for families/kids – solicit child serving providers and other resources. Chris reported that Bobbi Donovan/Public Awareness is working on the flyer for Un-dependence Day and will distribute to BH provider distribution list (which will include Kid’s providers); All providers will be asked to bring \$25 worth of fresh fruit for health snacks for kids to have at their tables (in lieu of charging for tables).

Health Care – ask Health Plans to provide free screenings (BP, cholesterol, BMI, etc.) –

Sherry has commitment from UPMC HP to participate. Deb Ferraro has not yet had a chance to talk to Highmark. Sherry will need to confirm with UPMC HP – group recommends free health screenings for kids/adults.

- 2) “Recovery is Universal” booklet –Review for input – no update; Victoria unable to attend today
- 3) Work with SOCI Anti-stigma campaign – “It’s All About U” coloring book – cost update. Sherry has not had a chance to talk to Marianne about this. She will get to that ASAP.
- 4) Have a table at next Family Support Conference – **Family Support conference** will be held on **May 17th** in Pittsburgh. Deb Ferraro agreed to man and/or share a table at the conference, if needed. Sherry will check with Curtis Upsher to see if Community Care will have a table (we could share a table) and see if he’s willing to have info about ACCR Child & Family Cmte. If not, we will get a table and share with PLEA.
- 5) Other upcoming events –opportunities to raise public awareness. Group agreed that we should work with Public Awareness to participate in upcoming events for kids and families. (Public Awareness has had an Adult focus, to date). We will work with them to promote public awareness of resilience in kids/families at upcoming events. The group also agreed that we should work on developing materials to distribute at information tables (included ACCR website for people who would like more information)
 - Tammy Marsico mentioned that she heard that DPW is promoting **May 8th as “Children’s Mental Health Awareness Day”** and is asking for help in planning activities. No one else was aware of this activity (this is the 2nd year for the event) This is short notice for us to plan something. Keith reported that Renelda is actively participating in the planning for this event through SOCI Anti-Stigma campaign.
 - **Trauma Informed Care Conference – September 9th** at I.B.E.W. on Southside – This is a topic that fits nicely with the concept of resilience in kids. We should plan to set up an information table at this event
 - **Children’s Summer Music Festival** – No one in the group was aware of the date for this event. But all agreed that we should plan to participate.

Action Item – Raising Public Awareness	Person Responsible	Target Date
Plan to help with preparation and attendance at Un-dependence Day Celebration – tentative Sat July 7th from 11am – 3pm	All interested	June 2007
Review “Recovery is Universal” booklet	Victoria	Feb 2007
Present info about Puppet Show to Public Awareness cmte– Sadecki Puppets; If approved (funding question), ask Jen to help schedule	Sherry/Jen	April 2007
Kids Information Tables: Distribution list for BH providers (done - Bobbi) Distribution list for Family Support Center (Keith will gather and send to Bobbi) Invite ABOARD, AutismLink to promote awareness of ASD (screenings?) – for kids info tables	Bobbi/Public Awareness Keith Deb Ferraro	 April 2007

Get info to local Boy Scout/Girl Scouts – details about event and specifics about activities/running games <ul style="list-style-type: none"> - Sherry to get flyer about event from Bobbi Donovan; then send electronically to Deb, along with brief description of our request. - Deb will send off to Boy Scouts with request for confirmation by May 1st 	Sherry/Deb Ferraro	April 07
Contact HealthPlans for screenings/tables for July 7th	Sherry - UPMC Deb - HighMark	April 07
Coloring Book – consider printing for event	Sherry/Marianne B (CCBH)	April 07
Prepare Resilience Crosswalk in polished format – for May 19 th MHA Wellness Walk and May 18 th Family Support Conference	Sherry/Marianne B (CCBH) Sherry	April 07
Talk to Curtis about sharing table with Community Care; have info about ACCR Child & Family Cmte and our publications (back up plan – get table and share with PLEA)	Sherry	April 07
Talk to Georgianne about presenting at SAP providers meeting	Sherry	Summer 07
May 8 th - Children's Mental Health Awareness Day – provide update; see if we can help	Keith/Renelda	April 07
Develop information table “kit” with ACCR Child & Family materials that are ready to go --- include coloring books, recovery/resilience cross walk, quality guidelines, etc.	All	May 2007

Agenda Item: Recovery & Resiliency: Prioritizing Goals of ACCR Child & Family Committee - Working toward systems change and systems integration.

Committee Goal Being Addressed: Transformation of Child Serving Systems toward services that are resiliency/recovery oriented.

Discussion Items:

- 1) Cultivating “common ground” between systems
- 2) Recruiting reps from other systems - Education/Child Welfare
- 3) Working with SOCI and CSC to promote common goals for system transformation

Action Item – System Transformation	Person Responsible	Target Date
Re: Item #1 and #3 - Wait until CSC committees complete their work – the do our part	All	deferred
Re: Item #2 – Kim Falk will contact the Allegheny IU to see if he would like to join this group; Also to see if the AIU would like to have an info table at Un-Dependence Day to promote early childhood screenings. Keith Solomon will contact Nick Boyle at PaTTN to see if they are interested in joining the group	Kim Falk Keith Solomon	April 2007