

# ACCR Committee Minutes Form

Date: 1/18/07

## Name of Committee: ACCR – Child and Family Committee

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**Co-Chair(s):** Sherry Shaffer; Wes Sowers (temporary)

**Note taker:** Sherry Shaffer (temporary)

**Attendees:** Sherry Shaffer, Sarah Goldstein, Victoria Livingstone, Fred Fowler, Verna Johnson, Renelda Colvin, Denise Weis, Chris Weis, Jennifer Eaton, Kim Falk, Jason Peterson, Roy Faloskey, Robert Clanagan, Wes Sowers

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Welcome to guests and new members of the committee – Sherry welcomed our new members and guests. A number of new members were recruited for the committee by Keith Solomon and from the Emerging Leadership Institute graduate pool.

Update from last meeting: Chris Weis, co-chair of the Public Awareness Committee, is attending today's meeting to collaborate with us on helping the "Un-dependence Day" celebration more inclusive of children, youth and families in this coming year's celebration. (see second agenda item for details)

**Next Meeting: Thursday February 22nd 12:30pm – 2:00pm at the Mental Health Association, 3<sup>rd</sup> floor conference room** (please note: this meeting date was changed from our original 2/15/07 date, due to a conflict with another meeting. We will get back to the 3<sup>rd</sup> Thursday meeting schedule in March)

**Agenda Item:** Guidelines for RROS for Children & Families

**Committee Goal Being Addressed:** Complete a Child and Family Version of the ACCR "Guidelines for Developing Recovery Oriented BH systems"

**Discussion Items:**

- 1) Should we consider this item complete? Yes. After discussion, the group agreed that we should consider this to be the "final" Version One of the Guidelines.
- 2) Allegheny County DHS included the guidelines in as reference materials for contracts mailed to providers. Providers are encouraged to refer to the Guidelines when completing their work statements for County DHS contract submissions.
- 3) Participation in/integration of our efforts with the **Children's Services Committee** and System of Care initiatives in the county - next CSC meeting is **Thursday 1/25 from 9:30am – 11am at One Smithfield Street, lower level conference room**

Action Item	Person Responsible	Target Date
Consider wider distribution of the Guidelines to all child serving systems, providers, communities, etc.	All	2007
Participate in upcoming meetings of Children's Services Committee to clarify goals of the CSC and overlap/integration with our efforts toward system transformation – Next Meeting 1/23 at 9:30am at One Smithfield (details above)	Sherry/interested others	2007
Consider development of provider Self-Assessment tool similar to Adult version	Discuss at next meeting	2007

**Agenda Item:** Resiliency & Recovery: Raising awareness among children's providers, families, young people and community at large.

**Committee Goal Being Addressed:** Educate providers, children, youth, families and the general community about the concept of resilience. Raise public awareness about concept of resilience.

**Discussion Items:**

- 1) Participation and planning with Public Awareness Committee on Un-dependence Day –tentative date: Saturday June 30<sup>th</sup> in Oakland beside Carnegie Library (behind the dinosaur)  
 Overview: Chris Weis gave an overview of Public Awareness activities to date including “First Night” Square Dance, Fair in Market Square, Walk/Run in Schenley Park and Un-dependence Day.
  - Chris attending to get our input about making the event more child/family friendly.
 Ideas suggested to attract kids/families:
  - Music – DJ or Karaoke
  - Dance – Hip-Hop, Square Dance, other
  - Arts & Crafts – with a wellness or recovery theme
  - Puppet Show – with a wellness/resilience/mental health theme
  - Games – Races, relays, egg toss, team activities (like a family picnic)
  - Police giving bike safety talk – free helmets, I.Ds for kids (check out Weed & Seed)
  - Resources tables for families/kids – solicit child serving providers and other resources
  - Health Care – ask Health Plans to provide free screenings (BP, cholesterol, BMI, etc.)
  - Wellness Activities – offer activities to promote personal wellness (yoga, massage, etc)
- 2) Update: input in development of “Recovery is Universal” booklet – Victoria did not have a chance to provide input to on-line version. Sarah will share more current version – and Victoria will review for input
- 3) Work with SOCI Anti-stigma campaign – Renelda shared packets SOCI developed for 5 school districts including “It’s All About U” coloring book, journal, magnets, stickers and flyers that were used as part of lesson plans in schools. Great materials. However, when SOCI funding for materials ended, school districts did not have funding to continue as part of their curriculum.
- 4) Raising awareness in school settings – Jennifer shared info re: school guidance counselors. Guidance curriculum is set in advance and does not allow much room for influence. Many districts use a pre-set curriculum with heavy focus on academic success and career planning. Difficult to influence district by district. Idea: consider working more closely with Student Asst Programs or looking a PaTTN training for teachers. www. sharedwork.org suggested as a resource.
- 5) Present/attend/have a table at next Family Support Conference – **Family Support conference** will be held on **May 17<sup>th</sup>** in Pittsburgh. We missed the deadline for presentations, but could have an information table.

<b>Action Item – Raising Public Awareness</b>	<b>Person Responsible</b>	<b>Target Date</b>
Attend next Public Awareness Committee to help plan Un-Dependence Day – February 6 <sup>th</sup> and February 20 <sup>th</sup> at 11:30am at Wood Street Commons, 4 <sup>th</sup> floor	Sherry Shaffer & interested others	Feb 2007
Plan to help with preparation and attendance at Un-dependence Day Celebration – tentative Sat June 30 <sup>th</sup> from 11am – 3pm	All interested	June 2007
Review “Recovery is Univeral” booklet	Victoria	Feb 2007
Find out ordering and cost information for “How Do U Feel” Coloring Book – would like to use in our work and at Un-Dependence Day	Renelda	Feb 2007
Get more info about Family Support ConferenceS	Sherry	Feb 2007
Talk to Georgianne about presenting at SAP providers meeting	Sherry	March 07

**Agenda Item: Budget Development**

With the help of the committee, Sherry completed the budget request for submission to ACCR Steering Committee and Mike Gruber. Items include stipend payments for co-chair, consumer/family member participants and recorder; money for “How Do U Feel” coloring books and funding to offer conference/travel for committee members to attend pertinent conferences.

Sherry will get some bus passes from Mike Gruber for upcoming meeting attendees.

**Agenda Item: (delayed for discussion until next meeting)** Recovery & Resiliency: Prioritizing Goals of ACCR Child & Family Committee - Working toward systems change and systems integration.

**Committee Goal Being Addressed:** Transformation of Child Serving Systems toward services that are resiliency/recovery oriented.

**Discussion Items:**

- 1) Cultivating “common ground” between systems
- 2) Recruiting reps from other systems
- 3) Working with SOCI and CSC to promote common goals for system transformation

Action Item – System Transformation	Person Responsible	Target Date