

**ACCR**  
**Quality Improvement Committee**  
**Minutes**  
**May 7, 2010**

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<b>Co-Chair(s):</b>		James Kindler			
<b>Note Taker:</b>	Marilyn Micknowski				
<b>Attendees:</b>	Wendy Drapcho	James Kindler	Wes Sowers	Sarah Goldstein	Marilyn Micknowski
	Harold Hartger	Jennifer Hunt	Meg Park		Elizabeth McElhone
<b>Absent</b>	Victoria Livingstone	Stephen Christian-Michaels	Traci Cain	Bridget McNamee	

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**ANNOUNCEMENTS**

- The Center for Public Service Psychiatry of Western Psychiatric Institute and Clinic and University of Pittsburgh School of Medicine Center for Continuing Education in the Health Sciences with Community Care Behavioral Health Organization and The Pennsylvania Psychiatric Leadership Council present: The Road Home: Moving Toward Integrated Behavioral and Physical Health will take place on Monday, June 21, 2010 at the Omni William Penn Hotel.
  - Consumer-Provider Collaborative is in need of members and a minute taker. See Meg
  - Education committee is in need of a provider co-chair. See Bill Boyce
  - Public Awareness is in need of a provider co-chair. See Bill Boyce
  - Center for Public Service psychiatry's conference is on PH/BH integration this year. June 21. There will be dialogues between BH consumers and PCPs.
  - CSP is seeking providers and family members. See Meg
  - Wes suggested that since this will be the 10<sup>th</sup> anniversary year for the ACCR it that there be a publication with all the accomplishments that have been made over the last 10 years
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**DISCUSSION ITEMS**

**1<sup>st</sup> Agenda Item:** Update from ACCR steering Meeting

**Committee Spokes Person:** James Kindler

**Committee Goal Being Addressed:** Budget projections for new fiscal year (after June 30<sup>th</sup>, 2010)

**Discussion:** The need to write questions for focus groups in order to complete them and use up funds designated for them by June 31.

<b>Action Item</b>	<b>Person Responsible</b>	<b>Target Date</b>
Report to Steering Committee any concerns about Fy '09-'10 budget request	James	May 28 SC mtg

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**2<sup>nd</sup> Agenda Item:** Wellness and Prevention for Quality Improvement Power Point

**Committee Spokes Person:** James

**Committee Goal Being Addressed:** Addressing the issue of quality improvement through wellness and the 25 year life expectancy discrepancy

**Discussion:** Review the PowerPoint Victoria sent to committee members in April

**1.) Items to include in the PowerPoint and/or toolkit:**

- Communication between PCP and BH service recipients, specifically dealing with respectful language
- Education dealing with the 25 year deficit and prevention of chronic physical illnesses
- Wellness and fitness
- Meg brought Child/Adolescent Family Wellness and Recovery toolkits for this committee to use as an example for the Adult Toolkit discussed in prior meetings.

**2.) Focus groups** were again suggested for the PowerPoint project addressing wellness and extending life expectancy.

- The purpose of focus groups for the *wellness and prevention for QI Ppt project* would be gap analysis. (GAP). That is (to find out from people the gaps in services, the barriers to receiving the physical health services they need to take care of themselves, why individuals do not go to their PCP on as regular basis as they do their MH provider & what they may find satisfying about PH services/doctors. What comes from the gap analysis will then inform what goes into the PowerPoint and toolkit.
- It was discussed that the purpose of focus groups for *rewriting the Guidelines for Developing Recovery Oriented BH Systems (“Guidelines”)* would be to test our “Guidelines” after they have been rewritten to determine how they are received by people in recovery and BH practitioners. This is the definition of marketing focus groups.
- An *ad hoc* workgroup will design the questions for a Gap analysis on the barriers and satisfaction on the quality of care people in recovery are receiving in regard to physical health care.
- Focus group questions on the *wellness and prevention for QI Ppt project* will be presented to the committee at the June 4, 2010 meeting.
- Assignments will be made to do focus groups on the *wellness and prevention for QI Ppt project* during the month of June. This will enable the committee to spend some or all of the \$420 it requested for FY 2009-2010 on consumer facilitators and food for the focus groups by the June 31 deadline.
- Any further focus groups will be included on the budget line item for Advisor/Focus on the FY 2010 – 2011 request to go to the ACCR Steering committee at the June 25, 2010 meeting.
- The committee must decide how it wants to proceed with a rewrite of the *Guidelines for Developing Recovery Oriented BH Systems (“Guidelines”)* document.
- The committee must make decisions for FY 2010-2011 of the percentage of time, effort & total resources it will spend on the following issues
  1. **Wellness and Prevention for Quality Improvement PowerPoint and toolkit** including focus groups
  2. The ongoing project of the **Universal Service plan** as the ANSA project is coming to a close and the committee still has an ongoing commitment to the SPA Steering Committee
  3. A **rewriting the Guidelines for Developing Recovery Oriented BH Systems** including the question of pre-or post-focus groups. (GAP or marketing satisfaction)

Action Item	Person(s) Responsible	Target Date
Ad hoc workgroup to design questions for the	Elizabeth, Harold, Wendy,	To be completed

Wellness & Prevention QI Ppt & toolkit project	Victoria, Meg, Jennifer,	by June 4 mtg
Assignments for site visits for focus groups	Whole committee	1 <sup>st</sup> round to be completed by June 31`
Budget for FY '10-'11 (focus groups & toolkit materials)	Committee-for Chairs to present at June 25 SC mtg	June 4 <sup>th</sup> meeting
Conclusion of discussion on rewrite of Guidelines (document or Ppt). Decide how we decide.	Whole committee	July or August? TBD
Decide on priorities for goals and projects for FY '10-'11 and beyond (toolkit, Universal Plan & guidelines.	Whole Committee	June 4

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### **NEXT MEETING**

**Date:** Friday, June 4, 2010  
**Location:** One Chatham Center, Room 305  
**Time:** 12n – 1:30 pm BYOL (Lunch)

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