

ACCR Quality Improvement Committee Meeting Minutes January 8, 2010

Co-Chair(s):	Victoria Livingstone	James Kindler			
Note Taker:	Marilyn Micknowski				
Attendees:	Sarah Goldstein	Harold Hartger	Bridgette McNamee	Marilyn Micknowski	Wes Sowers
	James Kindler	Meg Park	Kathleen Papalio	Victoria Livingstone	

DISCUSSION ITEMS

Agenda Item: SPA Updates

Committee Spokes Person: Victoria Livingstone (for Steven Christian Michaels)

Committee Goal Being Addressed: Training expectations for all Service Coordination Staff / Contingency Fund Proposal / Contract Language for SPA.

Discussion: Discussion went quickly as each member reviewed SPA handout as Victoria went over information given to her by Steven to communicate in his absence.

Action Item	Person Responsible	Target Date
Continued SPA Updates	Steven Christian Michaels	Next QI Meeting

Agenda Item: 25 Year deficit Action Plan for Wellness

Committee Spokes Person: All Committee Members

Committee Goal Being Addressed: How can we make an impact?

Discussion: Our Committee's new Project: How can we make an impact?

- Possibly using the ACCR Website. Find a way to help people access this information.
- "Being a Pro-active Patient"; CHC is starting a 3-part series of workshop trainings called "Academy of Empowered Consumers" to inform consumers about what to do for themselves about being a pro-active patient.
- We could highlight different agencies who have been doing the most (or newest) for Wellness Recovery.
- Work in conjunction with other Committees (which is ACCR's Steering Committee's new goal) and create a document which would integrate physical and behavioral within the context of Quality guidelines to develop specific indicators that could be used to measure progress and quality of the work that a specific agency is doing to reduce the risk the problems associated with the 25 year deficit; i.e., physical activity, smoking cessation. Gear toward what empowered consumers consider their biggest issues. Communicate and educate; piggyback on ACCR's education committee to help coordinate our ideas.
- We need to re-read our Committee's Mission Statement and make sure everything that is being suggested should include that way of thinking.
- We need to somehow pull together all of the suggestions that were recommended and also do this in the context of the Quality Guidelines. Maybe update with those guidelines in general.
- Outreach is very important; possibly have a survey to see what we specifically need to do.

Action Item	Person Responsible	Target Date
Revisit the Quality Guidelines with regard to wellness	All Committee members	Ongoing

Agenda Item: Website

Committee Spokes Person: Meg Park

Committee Goal Being Addressed: Updates

Discussion: Meg is working with an I.T. individual to help expedite updating and adding to the website. The plan is to have two portals: one to be very consumers & family friendly for recovery resources and one for professionals/academics to

access journal articles and papers. One of the goals of the website is keeping things simple when adding information for resources.

Action Item	Person Responsible	Target Date
Continued updates	Meg Park	Ongoing

NEXT MEETING

Date: Friday, February 5, 2010

Location: One Chatham Center, possibly the 7th Floor again. (Sarah will secure the conference room and contact us with the room # again.)

Time: 12Noon – 1:30PM.

The mission of ACCR is to increase awareness of behavioral health recovery and to promote the use of recovery principles and practices in behavioral health services in Allegheny County
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From the Quality Improvement's Web Site Page

http://www.coalitionforrecovery.org/quality_improvement_group.html

The Quality Improvement Committee develops Best Practices and Quality Indicators for recovery-oriented service providers as well as:

- Recommends contract incentives for Providers to adopt recovery practices.
- Provides presentations and workshops for providers.
[Guidelines for Developing Recovery Oriented Behavioral Health Systems](#)
- Provides tutorials for implementation of Recovery Best Practices and Quality Indicators.
- Developed the [ACCR Measurement of Recovery](#) survey.
- Created the [Service Planning Principles Matrix](#), [Service Planning Principles Document](#) and [Recovery Oriented Service Planning Brochure](#)