

**Committee Name:** **Education Committee**

**Co-Chair(s):** Virginia Suplee  
**Note Taker:** BarbaraAnn Reith  
**Attendees :** Sandy Beahm      Terri Bishop      William Boyce      Debbie Duch      Sara Goldstein  
                         Dennis Hughes      Sandra Kogut      Melissa Medice      Kelly Wolfgang

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**WELCOME/INTRODUCTIONS:**      Co-Chairs Virginia Suplee called the meeting to order and introductions were made.

**REVIEW OF AGENDA:**                      No changes were made to the agenda as presented.

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**ANNOUNCEMENTS:**

1.      **The Allegheny Consumer Employment Support Group** will hold a reception (the evening prior to the conference) for individuals who are currently in the workforce on March 18<sup>th</sup>, 2008 (5PM > 7:30PM) on the 17<sup>th</sup> floor of the Omni William Penn Hotel. A discussion will be held regarding means to support individuals (consumers or survivors) who are currently working (or have recently worked or plan to return to work). Networking, supporting each other and discussing the system after individuals return to work will be topics for discussion. Community Care will support this project financially. Please, RSVP to Saya Krebs at (412) 402-7543.
  2.      The Community Care Conference, **Recovery, make it real** will be held on Wednesday, March 19, 2008 (8:30AM > 5PM) at the OMNI William Penn Hotel. This conference is free for consumers and family members (individuals do not need to disclose but need only to request to attend for free). Keynote presentations will be given by Patricia Deegan, PhD. (Using Psychiatric Medications in the Recovery Process); Priscilla Ridgway, PhD (Elements of a Recovery Facilitating System); Patricia Valentine, MEd (Allegheny County Recovery-Related Activities); and Donald H. Goughler (Implementing Recovery in a Mental Health Center).
  3.      John Rio is working with Pat Deegan to develop a Strategic Plan for the County
  4.      The VA Pittsburgh Healthcare System presents: Psychosocial Rehabilitation and Recovery Center (PRRC) a Community Transition Center. The Community Transition Center program promotes recovery for all individual affected by severe psychiatric disabilities so they can develop meaningful roles in the community. For more information call Chris Sparacino or any of the CTC staff at (412) 365-5832.
  5.      **Walk for a Healthy Community** (Make a Difference One Step at a Time) on May 3, 2008 at Heinz Field will be held (rain or shine). Registration begins at 7:45AM. The 5K Walk begins at 9AM. The One-Mile Fun Walk begins at 9:15AM. Help ACLD, Inc. by participating in the walk because it gives us the opportunity to raise funds to support and benefit 37 local non-profit organizations. Register online at [www.walkforahealthycommunity.org](http://www.walkforahealthycommunity.org) or by mail Highmark Blue Cross Blue Shield, P.O. Box WALK, Pittsburgh, PA 15230.
  6.      The VA will hold a **Recovery Model Conference** on Wednesday, June 4<sup>th</sup>, 2008 from 1PM > 4PM. Particulars are currently being finalized. More to be announced.
  7.      Community Care will sponsor a **Psycho Pharmacology Conference** to be in York County on June 5, 2008. All are welcome.
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## **MINUTES:**

Minutes from the February 19, 2008 meeting were distributed and approved.

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## **COMMITTEE REPORTS**

**Agenda Item:** ACCR Goals and Role

**Committee Spokes Person:** Virginia

**Committee Goal Being Addressed:** Role of the ACCR

**Discussion:** Where do we go and how do we collaborate with other committees?

1. One of the things the Education Committee identified as a goal was to work with the other committees (such as the Public Awareness Committee) on various projects and to organize or bring together (somehow) via the Education Committee. Stigma Busting appears to be one of the important pieces of recovery that can be shared with people. A website [www.Whatadifference.samhsa.gov](http://www.Whatadifference.samhsa.gov) is an anti-stigma campaign that encourages people to support individuals (who are self-identifying or may be experiencing stress). A booklet (What a Difference a Friend Makes) is also available.
2. A sheet from Boston University was distributed Recovery from Serious Mental Illness was distributed that speaks to recovery.
3. What we are going to do (over the next year) and how we are going to do it.
4. Supporting the Consumer Provider Collaborative and the means of supporting them. Possibly having Dr. Wes Showers and Sara Goldstein attend a meeting to discuss how the Education Committee can give support in this area.
5. Having this committee be more public oriented via PAT bus butts, media bytes, re-doing the website, using TV to communicate the Public Awareness.
6. Having a sub-committee to investigate various perspectives along with a variety of approaches.
  - Sub-Committee volunteers: Sandy Beahm, Terri Bishop, Sara Goldstein, Dennis Hughes and Virginia Suplee
7. Using MOE ladies (Multi Outreach Education) to distribute information.

**Agenda Item:** Public Awareness Committee

**Committee Spokes Person:** Melissa Medice

**Committee Goal Being Addressed:** Public Awareness Collaboration

**Discussion:** The Zoo has informed this committee it may select one of the days (Mother's Day, Father's Day, plus, another day) and have one 10 x 10 tent and hand out information. The various ideas of having various stations (and wellness spots) seems to have gone out the window. It has been suggested to piggy-back off the Highmark Healthy Community Walk and possibly any other upcoming events (as long as the word could get out there). Since this is a walk it would enable information to be handed out along with having the various stations (as originally planned). A letter has been forwarded and hopefully we will have an answer soon. Another venue could be the Regatta where there would be various stations that would use the punch card allowing individuals to be eligible for a cash prize or some other big prize. The \$10,000 budget has not been allocated for any event (at this point). These dollars could be lost if it is not spent.

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## **NEXT MEETING**

<b>Date</b>	<b>Location</b>	<b>Time</b>
Tuesday, March 18, 2008	Community Care @One Chatham Center (7 <sup>th</sup> Floor)	12:30 PM