

**Allegheny County Coalition for Recovery
Child and Family Recovery and Resiliency Committee
Minutes
March 26, 2009**

Co-Chair(s): Sherry Shaffer and Denise Weis

Note Taker: Charlotte Frederick (Chari)

Attendees: Nathan Eber, Charlotte (Chari) Frederick, Sarah Goldstein, Nneka Hawthorne, Rachel Kallem, Meg Park, Sherry Shaffer, Wes Sowers, Ryan Turner, Chris Weis, Denise Weis, Chelsea Quattrone

Welcome and Introductions/Review for Newer Members

Agenda Item 1: Youth participation/inclusion of youth perspective—Pennsylvania Youth Leadership Network (PYLN)

Committee Goal Being Addressed: Education on Recovery Principles and Practices for Consumers/Families and Professional Helpers

Discussion: Panel updates

- Rachel discussed PA Youth using PYLN
- Sarah discussed Post-Traumatic Syndrome and Stigma using questions such as: Do you feel stigmatized by your illness? Do you feel stigmatized by your family?
- Chelsey discussed radio show, WAMO to raise Public Awareness about Recovery and youth
- Doreen discussed Public Awareness by using Recovery-Oriented story telling regarding: Shame, Blame, and Embarrassment/TV piece will be next

Action Item	Person(s) Responsible	Target Date
Youth & Recovery panel on PCTV	Chelsea and Rachel	May 2009

Agenda Item 2: Planning/Prep for Toolkits

Committee Goal Being Addressed: Education on Recovery Principles and Practices for Consumers/Families and Professional Helpers

Discussion: Additions/Goals/Timelines for the PowerPoint and Toolkits

- Reviewed Additional Artwork Items
- Additional Youth/Family/Staff Stories
- Development of Pre/Post Tests
- Reviewed Goals and Timelines
- Reviewed Rollout Plan for finished Toolkits

Action Item	Person(s) Responsible	Target Date
Artwork additions	Nathan	April '09

Agenda Item 3: First Youth/Provider Dialogue (at Wesley) report

Committee Goal Being Addressed: First Youth/Provider Dialogue at Wesley Spectrim

Discussion: February 27, 2009 Dialogue at Wesley Spectrim update as reported by Ryan Turner

- Ryan said it was very well done and that they could have done second round
- Seven Youths attended/Four talked a lot
- Youths liked the format of the Dialogue and would like to do it again
- Youths made powerful statements and spoke of the qualities of the Dialogue
- Ryan would like to see more of these Dialogues as would the Youths

Next Meeting Date, Location, and Time: Thursday, April 23, 2009, at 2:30pm to 4:00pm at One Chatham Center, Pittsburgh, PA.
