

**Allegheny County Coalition for Recovery
Child and Family Recovery and Resiliency Committee
Minutes
January 29, 2008**

Co-Chair(s): Sherry Shaffer and Denise Weis

Note Taker: Charlotte Frederick (Chari)

Attendees: Justin Austin, Nathan Eber, Deb Ferraro, Charlotte (Chari) Frederick, Sheila Givens, Nneka Hawthorne, Meg Park, John Ray, Sherry Shaffer, Wes Sowers, Aaron Thomas, Denise Weis

Welcome and Introductions/Review for newer members: Reviewed Agenda

ANNOUNCEMENTS:

- Meg is the contact person for all information that is posted on the web: Announcements for events, conferences and other recovery-oriented event and send e-mails with details to Margaret.Park@AlleghenyCounty.US or call 412-350-3455
- Recruitment: ACCR needs to recruit and retain more former and current consumers as well as family members:
 1. Think about people who would be interested in furthering their own recoveries and giving back to their own communities
 2. Contact Meg Park at 412-350-3455 or William Boyce at 412-350-4166
- **“Help in Hard Times”**—Dan Onorato, Allegheny County Executive, has launched new website: www.alleghenycounty.us/dhs/help.aspx
 1. Vast amount of resources for families and individuals to turn to when needed for services and support
 2. Information about employment, food, housing, utility assistance, health care, financial counseling and much more
 3. Also available by calling: **DHS Director’s Action Line at 1-800-862-6783**
- Chris Weis was unanimously elected as Committee Advisor to the Child and Family Recover and Resiliency Committee

Agenda Item 1: Review of Personal Medicine Toolkit—Pat Deegan

Committee Goal Being Addressed: Adding “Personal Medicine” info to Toolkits

Discussion: Items to be included on PP and in toolkits

Action Item	Person(s) Responsible	Target Date
Resources/links to Personal Medicine toolkit info by Pat Deegan will be included in Child Resiliency Toolkit	Sherry Shaffer	Summer 2009

Agenda Item 2: Planning/Prep for Toolkits

Committee Goal Being Addressed: Education on Recovery Principles and Practices for Consumers/Families/ and Professional Helpers

Discussion: Finalizing and Goal Setting for Toolkits

- Finalizing Contents of PowerPoint for Toolkits
 1. Reviewed PowerPoint slides 1-26
 2. Further discussed additional art work, animation, music, etc. – Nathan will add suggestions for discussion at the February meeting
- Additional content for toolkit
 1. WRAP for kids
 2. ACCR publications
 3. Links to relevant resources/websites
- Assembling Toolkits – TBD; Co-chair, Denise will take the leadership on this task
- Plan for roll out of toolkit
 - Presentation at BHRS, RTF and FBMH provider meetings (200 kits with WRAP books)

Action Item	Person(s) Responsible	Target Date
Add clipart, photos, animation to slideshow	Nathan Eber	February committee meeting
Finalize Power Point slideshow	All	March 2009
Determine final content for toolkits	All	April 2009
Assemble toolkits	Denise and others	June 2009
Present at provider meetings	Committee members	Summer 2009

Agenda Item 3: Youth/Provider Dialogue at Wesley

Committee Goal Being Addressed: Planning first Youth/Provider Dialogue at Wesley Spectrum

Discussion: Up-dating current information on February Dialogue

- Discussion was limited as Ryan Turner was unable to attend this meeting
- The date set for the Dialogue is February 27, 2009
- Our group suggested that role model stories and ice breakers would be good input at the dialogues
- Next: Youth/Family/Provider Dialogue

Action Item	Person(s) Responsible	Target Date
Youth/Provider Dialogue	Ryan Turner, Wes Sowers	Feb 27 th 2009

Next Meeting Date, Location, and Time: Thursday, February 26, 2009, at 3pm to 4:30pm at the Mental Health Office Building located at 1945 Fifth Avenue, Pittsburgh, PA.
