

**Allegheny County Coalition for Recovery  
Child and Family Recovery and Resiliency Committee  
Minutes  
December 11, 2008**

Co-Chair(s): Sherry Shaffer and Denise Weis

Note Taker: Charlotte Frederick (Chari)

Attendees: Doreen Barkowitz, Chari Frederick, Lindsay Gaspalovich, Nneka Hawthorne, Meg Park, Sherry Shaffer, Gary M. Suehr, Ryan Turner, Chris Weis, Denise Weis,

**ANNOUNCEMENTS:**

- The Children’s Conference (formerly CASSP) has been cancelled for May 2009
- Ryan to speak at Penn State

**Agenda Item 1: Review of Personal Medicine Toolkit—Pat Deegan**

**Committee Goal Being Addressed:** Adding “Personal Medicine” Portions to the Toolkit

**Discussion:** Exactly what is “Personal Medicine” and how does it pertain to the Toolkit?

- Explanation of “Personal Medicine”
- Work Sheets for “Personal Medicine”

Action Item	Person(s) Responsible	Target Date
Addressing/adding “Personal Medicine” slides to the toolkit	Sherry Shaffer Meg Park	January , 2009

**Agenda Item 2: Planning/Prep for Toolkit**

**Committee Goal Being Addressed:** Finalizing Contents of PowerPoint for Toolkit

**Discussion:** Decisions on:

1. Appropriate Assignments for inserting, changing, or eliminating:
  - Artwork
  - Photos
  - Music (?)
  - Language
  - Length of information on each slide
2. Things to consider for inclusion on slides:
  - Personal and Life Strengths
  - Career Position Challenges (?)
  - Attempts to Stabilize (?)
  - Single Point Accountability (?)
  - What does Management have to do
3. Setting Goals/Timelines for putting Toolkits together
  - One Presentation Detailed and Staff Oriented for a training tool without a presenter
  - One Presentation not so detailed and wordy to be used with a presenter

- Helping People explore their Potential
- Always think how we can make this presentation better
- What does all this mean for us (?)
- Train the Trainers Training
- Always consider new or different information (?)
- Always consider the performance of agencies and providers
- Continued Progress toward January meeting
- Add a pre/post self test after the presentation

Action Item	Person(s) Responsible	Target Date
Implementing changes	Sherry Shaffer and Meg Park	January , 2009

### Agenda Item 3: Youth/Provider Dialogue at Wesley

**Committee Goal Being Addressed:** Planning first Youth/Provider Dialogue at Wesley Spectrim

**Discussion:** Up-dating current information

- Ryan spoke with the Having 5 or -6 families on the Family Advisory Committee who gave permission
- Part 1 with Children—2 ½ Hours—lunch included—no stipend
- Part 2 most interlinked is planned to include parents

Action Item	Person(s) Responsible	Target Date
Ryan Turner	Keeping the committee up-dated—so far there will be seven (7) youth participates to be chosen at Wesley	Spring 2009

**Next Meeting Date, Location, and Time:** Thursday, January 29, 2009 at 2:00pm to 3:30pm at the Mental Health Office Building located at 1945 Fifth Avenue, Pittsburgh, PA.

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