

Allegheny County Coalition for Recovery
Child and Family Recovery and Resiliency Committee
Minutes
October 22, 2008

Co-Chair(s): Sherry Shaffer and Denise Weis

Note Taker: Charlotte Frederick (Chari)

Attendees: Doreen Barcowitz, Debbie Ferraro, Chari Frederick, Lindsay Gasparovich, Sarah Goldstein, Nneka Hawthorn, James Kindler, Meg Park, Sherry Shaffer, Wes Sowers, Ryan Turner, Chris Weis, Denise Weis

Welcome and ANNOUNCEMENTS:

- New York Suitcases will be here next year—prepare a way to present these to public
 - There will be no November meeting. It will be held in December 11, 2008.
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Agenda Item 1: ACCR Consumer-Provider Collaborative Joint Committee update

Committee Goal Being Addressed: Resolving dialogue recruitment issues

Discussion: Recognizing the problems and resolving them

PROBLEMS:

- Saturday, October 25th, 2008, dialogue was cancelled due to lack of interest
- Saturday is not a good day for Youth—unless paid
- Both Youth and Families expect to be paid \$25.00—compensation today =rule of thumb
- PLACE
- TIME
- DAY OF WEEK
- TRANSPORTATION
- PAY VS NO PAY

SUGGESTED RESOLUTIONS:

- Use Ryan's "Kids"—60 available
- Use Wesley Spectrum as Location—57 school districts involved
- Decide on day of week—possibly do during school day
- Adjust the time—Perhaps only three hours, 11 am until 2 pm with lunch break from 12 noon until 1 pm
- Cards may be available for lunch such as Pizza Hut—could also choose Subway, etc.
- Investigate transportation possibilities—vans or shuttles—because of the hill to Wesley Spectrum
- Do Youth first and then Parents
- Decide on number of Staff and Youth—perhaps 14 in group—7 Staff employed by Wesley Spectrum and 7 Youth (varied ages and different levels)
- Needs to be well managed and planned
- Inform Family Members
- Have Family Member sign a permission slip
- Youth needs to feel validated and comfortable
- Discussed and decided not to pay a stipend
- Discuss suggestions with the Parent Advisory Committee

- DO evaluations at end—What did everyone get out of this program?
- Finally—How do we market this program?!

Action Item	Person(s) Responsible	Target Date
Continue recruiting youth and Family	Ryan Turner	December 11, 2008
Continue recruiting providers	Wes Sowers	December 11, 2008

Agenda Item 2: Planning/Prep for Tool Kit

Committee Goal Being Addressed: Completion of PowerPoint

Discussion: Planning additions and variations

- Audio Stories from Youth
- Personal Medication information (Pat Deegan)
- Holistic approaches
- Varying presentations—younger children, adolescents/youth, families, professionals
- Information on Hi-Fidelity Wraparound

Action Item	Person(s) Responsible	Target Date
Continue to resource ideas	All members	December 11, 2008

Agenda Item 3: Other information for Tool Kits

Committee Goal Being Addressed: Making Tool Kits as productive as possible

Discussion: Adding new input

- Wraparound for teenagers and youth
- Do our own workbook/coloring book
- Involve students from CMU/use interns
- MP3s—Hearing other teenagers’ recovery stories, etc.
- Check SAMSAS.gov. for creative marketing ideas
- Use artwork and pictures
- Use two versions
 1. Trainer’s notes—shorter
 2. Read as web based training without presenter—more information
- Personal Medicine Tool Kit from Pat Deegan
- Adapt Personal Medicine Tool Kit to be kid friendly

Action Item	Person(s) Responsible	Target Date
Continue to resource ideas	All members	December 11, 2008

Next Meeting Date, Location, and Time: Thursday, December 11, 2008, at 3:00pm to 4:30pm at the Mental Health Office Building located at 1945 Fifth Avenue, Pittsburgh, PA.