

**Allegheny County Coalition for Recovery**  
**Child and Family Recovery and Resiliency Committee**  
**Minutes**  
**August 28, 2008**

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Co-Chair(s): Sherry Shaffer and Denise Weis

Note Taker: Charlotte Frederick (Chari)

Attendees: Doreen Barcowitz, Nathan Eber, Debbie Ferraro, Chari Frederick, Nneka Hawthorne, Meg Park, Sherry Shaffer, Denise Weis

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**ANNOUNCEMENTS:**

- September 9, 2008—County MHMR Board Meeting at 1 Smithfield Street, Pittsburgh, PA—Call Bridget McName for registration—this is an open meeting
  - September 19, 2008—AHCI—Friday, 1:00pm to 3:30pm—Stake Holder Meeting at the Crown Plaza Hotel in South Hills regarding the closing of Mayview Hospital
  - October 3, 2008—Legislative Breakfast—West Penn Hotel, 1000 Penn Avenue, Pittsburgh, Pa—There will be an MHA and an ACCR Booth—Call Sarah Rosso at 412-381-3820—EX 25
  - October 10, 2008—Consumer/Provider Facilitator Training
  - October 25, 2008—Consumer /Collaborative: Youth and Family—9am to 3pm  
Dialogues are scheduled at the First Presbyterian Church, Downtown, Pittsburgh, PA
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**Agenda Item 1: Budget Review for the upcoming year of 2009**

**Committee Goal Being Addressed:** To achieve an appropriate list of necessary 2009 needs to submit for review and approval by the ACCR Steering Committee

**Discussion:** 2009 Necessary Budget Items \$3,080 total

- 250 Toolkits to train providers in RROS
  1. DVDs & cases: \$1,000
  2. Labels: \$200
  3. Assembly for kits/Committee Advisors for the year: \$440 (\$10/hr X 4 people X 10 people).
- Co-Chairs and Note Taker--\$720 each
- Suggested that we have adolescents help to put tool kits together--\$400

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<b>Action</b>	<b>Persons Responsible</b>	<b>Target Date</b>
Submit proposed 2009 budget to ACCR Steering Committee	Meg Park Sherry Shaffer	August 28, 2009

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**Agenda Item 2: Planning/Prep for Tool Kits**

**Committee Goal Being Addressed:** Further development of ideas for the Tool Kits, especially regarding the PowerPoint presentations

**Discussion:** Ideas for further additions/variations

- Audio Recovery Stories from and for Youth
- Personal Wellness information as suggested by Pat Deegan , this was explained to those who were not familiar with this concept
- Holistic approaches as they fit this project
- Varying presentations for younger children, adolescents/youth, families, professionals, etc.
- Information offered on High Fidelity Wraparound
- Develop strategies for public awareness

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<b>Action</b>	<b>Persons Responsible</b>	<b>Target Date</b>
Continue to be creative with Ideas for the tool kits	Entire Committee	TBD

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**Agenda Item 3: Other information on the Tool Kits**

**Committee Goal Being Addressed:** Continued improvement on the Tool Kits

**Discussion:** Follow up on old ideas and introduction of new ideas

- Ways to help reduce stress and stressful relations
- Information for re-Solve
- Examples of evidence-based treatments
- Evidence-based recovery stories from and for youth
- Have books and brochures available
- Have brochures available to be placed in drop-in centers, doctor's offices, churches, etc.
- "Advertise" by putting "logos", etc. on pencils, note books, paper pads, etc.
- Continue to explore ideas for public awareness

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<b>Action</b>	<b>Persons Responsible</b>	<b>Target Date</b>
Continue to reflect on Improving the tool kits	Entire Committee	TBD

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**Next Meeting Date, Location, and Time:** Thursday, September 18, 2008, at 2:00pm to 3:30pm at the Mental Health Office Building located at 1945 Fifth Avenue, 3<sup>rd</sup> floor, Pittsburgh, PA.

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