

**Allegheny County Coalition for Recovery**  
**Child and Family Recovery and Resiliency Committee**  
**Minutes**  
**DECEMBER 3, 2009**

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**Co-Chairs:** Sherry Shaffer and Denise Weis

**Note Taker:** Charlotte Frederick (Chari)

**Attendees:** Doreen Barkowitz, Charlotte (Chari) Frederick, Sarah Goldstein, Rachel Kallem, Sherry Shaffer, RyanTurner, Denise Weis

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Welcome and Introductions/Review for Newer Members/Reviewed Agenda

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**ANNOUNCEMENTS:**

- Meg is the contact person for all information that is posted on the web:
  1. Announcements for events, conferences and other recovery-oriented events
  2. Materials for person-centered and recovery-oriented services designed for consumer, survivor, family and/or clinical staff
  3. Send e-mails with details to [Margaret.Park@AlleghenyCounty.US](mailto:Margaret.Park@AlleghenyCounty.US)
- Recruitment: ACCR needs to recruit and retain more former and current consumers as well as family members:
  1. Think about people who would be interested in furthering their own recoveries and giving back to their own communities
  2. Contact Meg Park at 412-350-3455 or William Boyce at 412-350-4166
- **“Help in Hard Times”**—c/o Dan Onorato, Allegheny County Executive has launched a new website: [www.alleghenycounty.us/dhs/help.aspx](http://www.alleghenycounty.us/dhs/help.aspx)
  1. Vast amount of resources for families and individuals to turn to when they need services and support
  2. Information about employment, food, housing, utility assistance, health care, financial counseling and much more
  3. Also available by calling: **DHS Director’s Action Line at 1-800-862-6783**
- **KEEP THIS DATE: March 23, 2010** for the Community Care Spring Conference—Creating Hope: Developing Communities of Care for Children, Youth, Young Adults and Families being held at the Omni William Penn Hotel. More information forthcoming.

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**Agenda Item 1:** Planning/Prep for Toolkits

**Committee Goal Being Addressed:** EDUCATION on recovery Principles and Practices for Consumers, Families and Professional Helpers.

**Discussion:** Finalizing Toolkits

- Reviewed edits to PowerPoint Slides
  1. Add extra slide—“What can **you** do tomorrow?” Reviewed and Tweaked
  2. Slides # 22 and #23—Mind, Body, and Spirit
- Reviewed contents of the draft work plan for toolkit roll out via attachment with agenda
  1. Welcome letter
  2. DVD
  3. Wrap for kids workbook—stored at PSAN (200-250 copies)—coordinate pickup
  4. Coloring books /crayons
  5. Resiliency Recovery Crosswalk brochures. Quotes for 1000 copies—decided to go with Trust-Franklin printer—better quality/higher price than to go with Family Services—Less experience)
  6. c/o Sherry and Meg by 1/21/10
  7. Survey Monkey? C/o Sarah by 1/21/10
  8. Pre/post test? Sarah by 1/21/10
  9. User Guides?
  10. Copyright c/o Sarah update by 1/21/10

11. Include order forms
  12. Include ACCR telephone number, address, and e-mail address
  13. Coordinate pickups of materials for toolkits
  14. Community Care can copy and burn
  15. Marian—Print/Copy CD Covers and stuff CDs
- Service Providers for receiving toolkits
    1. Conference of Allegheny Providers--CAP
    2. Child, Youth, and Family--CYF
    3. Juvenile Probation
    4. Family Services
    5. HSAL (delivered c/o Doreen)
    6. Others to be listed
  - Presentations
    1. Develop a list of Presenters
    2. Train the Trainers/Presenters
    3. Who does the training?
    4. Who gets trained?
    5. Earn CEUs?
    6. Trainers for each agency/Resilience Champions
    7. Training of Adult Educators (research/information on adult training to be gathered c/o Doreen and Rachel)

**Agenda Item 2:** Community Care Spring Conference

**Committee Goal Being Addressed:** ACCR's Participation at the Conference

**Discussion:** Transition from theory to realization by exhibiting our toolkit product

- Sign-up Sheet
  1. Rotate Individuals keeping track of the Sheet
  2. The Sheet will be divided into three sections
    - a. Provider's name/desire a presentation
    - b. Provider's name/receive toolkit
    - c. Provider's name/doing both
- Presenters
  1. Hand out hard copies of CD to help audiences understand where we are in the program
  2. Work the group audience during program to reveal knowledge of where they are about Resiliency and Recovery
  3. List key points
  4. Presenters to run CD with explanations
  5. Discuss Trainings for Trainers
    - a. Places
    - b. People
    - c. Times
    - d. Criteria
    - e. Availability
  6. Discuss Social Marketing (to be partnered with ACCR Education Committee)
  7. Request individual viewpoints
  8. Do before and after dialogues—helps presenters (To partner with ACCR Consumer-Provider Collaborative)
  9. Discuss Resilience Champions for each provider
  10. Stories are remembered
  11. Start recovery with youth

**Next Meeting Date, Location, and Time:** Thursday, January 21, 2010, from 2:00pm to 3:30pm at the Mental Health America Building at 1945 Forbes Avenue, Pittsburgh, PA.

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