

Allegheny County Coalition for Recovery
Child and Family Recovery and Resiliency Committee
Minutes
OCTOBER 29, 2009

Co-Chair(s): Sherry Shaffer and Denise Weis

Note Taker: Charlotte Frederick (Chari)

Attendees: Doreen Barkowitz, Charlotte (Chari) Frederick, Sarah Goldstein, Rachel Kallem, Sherry Shaffer, RyanTurner, Denise Weis

Welcome and Introductions/Review for Newer Members/Reviewed Agenda

ANNOUNCEMENTS:

- Meg is the contact person for all information that is posted on the web:
 1. Announcements for events, conferences and other recovery-oriented events
 2. Materials for person-centered and recovery-oriented services designed for consumer, survivor, family and/or clinical staff
 3. Send e-mails with details to Margaret.Park@AlleghenyCounty.US
- Recruitment: ACCR needs to recruit and retain more former and current consumers as well as family members:
 1. Think about people who would be interested in furthering their own recoveries and giving back to their own communities
 2. Contact Meg Park at 412-350-3455 or William Boyce at 412-350-4166
- **“Help in Hard Times”**—c/o Dan Onorato, Allegheny County Executive has launched new website: www.alleghenycounty.us/dhs/help.aspx
 1. Vast amount of resources for families and individuals to turn to when they need services and support
 2. Information about employment, food, housing, utility assistance, health care, financial counseling and much more
 3. Also available by calling: **DHS Director’s Action Line at 1-800-862-6783**
- **Rachel Kallem** is working as the facilitator in the launching of a new MHA group/team of 18-20 young adults to be voter engaged and consumer run. They are looking at an October/2009 launch. **GOOD LUCK!!**

Agenda Item 1: Planning/Prep for Toolkits

Committee Goal Being Addressed: EDUCATION on recovery Principles and Practices for Consumers, Families and Professional Helpers.

Discussion: Finalizing Toolkits

- Reviewed edits to PowerPoint
 1. Add extra slide—“What can you do tomorrow?”
 2. Slides # 22 and #23—Mind, Body, and Spirit
- Accessories to enhance the presentation
 1. Need for Handouts so audience members can be aware of “time frame” for the presentation (beginning to end)
 2. Paper to write any questions or suggestions
 3. An assessment form from us prior to the presentation so we know where the audience members are and what they need (the pretest might help in this evaluation)
 4. Solicit ideas from the crowd
 5. Select Resiliency Champions
 6. Begin presentation discussing how audience members present are in different places—both in their knowledge and application of their knowledge about recovery
 7. **MOST IMPORTANT—Know your audience!!**

- Worked on developing a list of presenting partners including family, youth and professionals
 1. Need people to help out
 2. Need presenters and co-presenters
 3. Need Resiliency Champions to help monitor
 4. Need trainers and training classes
 5. Offer sign-up classes for anyone who is interested in being trained
- Worked on developing pre/post test via Survey Monkey—reviewed draft c/o Sarah
 1. Use of some recovery and resiliency related terms regarding services
 - Child Centered
 - Family Focussed
 - Community Based
 - Multi System
 - Culturally Competent
 - CASSP Oriented
 2. Service Systems
 - Least restrictive
 - Least intrusive
- Worked on developing a plan for rolling out the toll kits
 1. Select Leaders
 2. Involve committee members to decide on an appropriate time and space to put the kits together
 3. Get kid's books from PSAN
 4. Marianne has the CDs
- Planning Process
 1. Child and Family must be at the center of the planning process
 2. Mental (around)
 3. Social (around)
 4. Education (around)
 5. Health (around)
 6. Substance Abuse (around)
 7. Vocation (around)
 8. Recreation (around)
 9. Occupational Services (around)

Action Item	Person(s) Responsible	Target Date
Reviewed and edited PowerPoint	Committee members present	ASAP
Presentation enhancement Accessories	Committee members	ASAP
Developing list of presenting partners	Committee members	ASAP
Survey Monkey	Sarah	ASAP
Rolling out toolkits	Committee members	ASAP
Planning Progress	Committee members	ASAP

Next Meeting Date, Location, and Time: Thursday, December 3, 2009, at 2:00pm to 3:30pm at the Mental Health Office Building located at 1945 Fifth Avenue, Pittsburgh, PA.
