

**Allegheny County Coalition for Recovery**  
**Child and Family Recovery and Resiliency Committee**  
**Minutes**  
**AUGUST 27, 2009**

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Co-Chair(s): Sherry Shaffer and Denise Weis

Note Taker: Charlotte Frederick (Chari)

Attendees: Doreen Burkowitz, Charlotte (Chari) Frederick, Nneka Hawthorne, Rachel Kallem, James Kindler, Meg Park, Sherry Shaffer, Chris Weis, Denise Weis

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**Welcome and Introductions/Review for Newer Members/Reviewed Agenda**

**ANNOUNCEMENTS:**

- Meg is the contact person for all information that is posted on the web:
  1. Announcements for events, conferences and other recovery-oriented events
  2. Materials for person-centered and recovery-oriented services designed for consumer, survivor, family and/or clinical staff
  3. Send e-mails with details to [Margaret.Park@AlleghenyCounty.US](mailto:Margaret.Park@AlleghenyCounty.US)
- Recruitment: ACCR needs to recruit and retain more former and current consumers as well as family members:
  1. Think about people who would be interested in furthering their own recoveries and giving back to their own communities
  2. Contact Meg Park at 412-350-3455 or William Boyce at 412-350-4166
- **“Help in Hard Times”**—c/o Dan Onorato, Allegheny County Executive has launched new website: [www.alleghenycounty.us/dhs/help.aspx](http://www.alleghenycounty.us/dhs/help.aspx)
  1. Vast amount of resources for families and individuals to turn to when they need services and support
  2. Information about employment, food, housing, utility assistance, health care, financial counseling and much more
  3. Also available by calling: **DHS Director’s Action Line at 1-800-862-6783**
- **Just Harvest** is presenting a **Poverty Simulation** at Pitt Union on Friday September 19, 2009 from 1:00PM.until 4:00PM. Call Maria at 412-431-8960.
- **Talk to Ryan about getting together to edit PowerPoint/Possible to project the PowerPoint** the next day (October 30) to steering committee
- **Just Harvest** will present about Loveless Awareness at the Town Hall meeting, September 3, 2009 from 11 to 12. There will be a sleep out occurring also at that time.
- **HELP** to Market Young Adults Group/Transitional Living Houses
- **SAVE THESE DATES**—November 2nd, 3rd, and 4<sup>th</sup>, 2009. That is when AHCI is having their **2009 REGIONAL RECOVERY CONFERENCE—BRIDGING OUR COMMUNITIES: CLOSING THE GAPS WITH RECOVERY AND RESILIENCY**. It will be held at the Pittsburgh Marriott City Center, 112 Washington Place, Pittsburgh, PA 15219. It will include consumers, family members, advocates, social staff and providers from Allegheny, Beaver, Greene, Lawrence, and Washington counties. **IT’S FREE!!**

For more information visit [www.ahci.org](http://www.ahci.org) or call 412-325-1100. There is also a call for artistic donations for display and sale.

- **Rachel Kallem** is working as the facilitator in the launching of a new MHA group/team of 18-20 young adults to be voter engaged and consumer run. They are looking at an October/2009 launch. GOOD LUCK!!

**Agenda Item 1:** Planning/Prep for Toolkits

**Committee Goal Being Addressed:** EDUCATION on recovery Principles and Practices for Consumers/Families and Professional Helpers.

**Discussion:** Steps to Finalize Toolkits

- Finalize PowerPoint/Make Edits
- Burn CDs with Content
- Include Hope and Change Books/Quality Guidelines
- Provide Recovery Checklist/Assessment Tool
- Include Coloring Books/Crayons
- Include Recovery/Resiliency Booklets, Brochures and Pamphlets
- Include Hard Copies of Materials/Wrap for Kids/Currently at PSAN
- WAMO Radio Audio Show (file)
- Collect all materials for toolkits and put in one central place (CCBH) so we can assemble them
- Upgrade pre/post test
- Supply a PowerPoint Handout
- Add Success Story from an ACCR individual

Action Item	Person(s) Responsible	Target Date
Burn CDs with Content	Marianne Baugher	Next meeting
To check on prices of DVDs/to get email from/for ?	Sherry Shaffer	Next Meeting
PowerPoint edits	Ryan Turner	ASAP
WAMO Radio Audio Show	Doreen Berkowitz	ASAP

**Agenda Item 2:** Finalizing/Prep for PowerPoint

**Committee Goal Being Addressed:** Education on Recovery Principles and Practices for Consumers, Families, and Professional Helpers

**Discussion:** Finalizing Materials, Information, Presenters

- Finalizing Contents of PowerPoint
  1. Reviewed PowerPoint
  2. Further discussion on Length of PowerPoint/Need to know before purchasing the CDs
  3. Still need Presenters
  4. Add Role Model Stories
  5. Add Ice Breakers
  6. Add Objective Slide at the beginning so audiences know what to expect
  7. Always thank your audience!
  8. Always ask if there are any comments, questions, or any other matter to be discussed.
- Goals
  1. Present at large PROVIDER GROUPS
  2. Time, Place and People still needed to put toolkits together

3. Need for Public Awareness
4. Put on Web Site

Action Item	Person(s) Responsible	Target Date
Finalize contents for toolkits	All helping	Next committee meeting
Goal setting	All helping	Next committee meeting
Presenters	Justin Austin/Youth Support Specialists	ASAP
Transfer Labels for Actual CDs	Marianne Baugher	ASAP
Copyright for Toolkits/Quality Guidelines/PowerPoint	Sarah Goldstein	ASAP
Check with PSAN about RR Pamphlets (? to over-buy more from Family Services=Consumer run organization) Get quote on price of 1,000 copies.	Meg Park	Next committee meeting
Getting folks together to discuss and edit PowerPoint	Ryan Turner	Next committee meeting

**Agenda Item 3: PLAN Presentations**

**Committee Goal Being Addressed:** Drafts for Presentations

**Discussion:**

I. Up-dating Current Information after Trial Run at HSAO

- Lots of Positive Responses
- Know Your Audiences/Make Presentations fit the Populations
- PERSONAL Perspectives on Sharing Stories was Appreciated
- Liked in depth discussion
- Need more Pizzazz on slide
- Too Long
- Need a Copy of PowerPoint and a handout for the Audience
- Objective Slide Regarding PowerPoint and Materials
- Need for more Family involvement and Public Awareness
- Not enough discussion about drug abuse
- Individuals can and DO recover
- Individuals are always recovering/new concept in substance abuse world
- Give toolkit to each agency and have them delegate a “Champion” who trains rest of staff
- Service Planning to be included
- Provide handouts and packets for audience
- Liked professional and personal perspective
- Liked “WELL ANOLOGY”
- Lew does recovery work for Autism Spectrum

II. Next step in people recovery

- Get ACCR’s name out there
- Providers need to be aware of us because not all of them know about us
- Reach out to Parochial Providers
- Provide success story of someone who has benefited from ACCR
- Repetition from CASSP and SPA
- Allow for Questions during slow start presentations (start with “What do you already know?”)

- Talk about actual recovery stories/learning about recovery model!
- Possible idea—present to steering committee for feed back
- Contact persons, etc. whose job it is to get more information
- Invite people to be part of committees ---so they learn more about ACCR committee
- Call the membership committee for information/Meg Park
- Possibly present to the media
- Work with Public Awareness Committee
- Take feedback from HSAO and edit it at next meeting, cutback, tweak PowerPoint

III. Doreen posed Three/Four Questions for after the Presentation

- What was the BEST thing about today’s presentation?
- What was the least interesting thing about today’s presentation?
- What do you think I can do to improve this presentation?
- Any additional comments. . . ?

Action Item	Person(s) Responsible	Target Date
Work on Roll Out Draft Plan for Toolkits	Sherry Shaffer, Ryan Turner	ASAP
Prepare a List of Providers	Sherry Shaffer	ASAP
Lead on Assembly of Toolkits	Denise Weis	ASAP

**Next Meeting Date, Location, and Time:** Thursday, October 29, 2009, from 2:00pm to 3:30pm at the Chatham Center, Community Care, 7<sup>th</sup> Floor, Pittsburgh, PA.