

## Service Planning

Recovery-oriented service planning principles encourage individuals and families in recovery to take an active role in making their desired changes in life. It is our intention that these principles promote partnerships that create hope and increase opportunities for change and growth.

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“Whatever course you decide upon, there is always someone to tell you that you are wrong. To map out a course of action and follow it to an end requires courage.”

Ralph Waldo Emerson

*"Recovery is a self-determined and holistic journey that people undertake to heal and grow. Recovery is facilitated by relationships and environment, choices and opportunities that promote people reaching their full potential as individuals and community members."*

Pennsylvania Office of Mental Health and Substance Abuse Services (OMHSAS)  
A Call for Change: Toward a Recovery-Oriented Mental Health Service System for Adults

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### Allegheny County Coalition for Recovery Committees:

Child & Family Committee  
Consumer-Provider Collaborative  
Education Committee  
Public Awareness Committee  
Quality Improvement Committee  
Steering Committee

<http://www.coalitionforrecovery.org>

## Recovery-Oriented Service Planning

*Imagine the Possibilities*



Allegheny County  
Coalition for Recovery

## Our History

The Allegheny County Coalition for Recovery (ACCR) has been working since 2001 to increase the public's recognition that people can and frequently do recover from mental health or substance use difficulties. The Coalition sponsors a variety of activities designed to reach out to the general public, users of behavioral health services, and providers of those services, with information and resources related to the recovery process.

## Our Vision

Every Allegheny County resident with a mental health and/or substance use disorder is supported in his/her recovery journey by friends, families, communities and service providers who understand and practice recovery principles.

## Our Mission

The mission of ACCR is to increase awareness of behavioral health recovery and to promote the use of recovery principles and practices in behavioral health services in Allegheny County.

## Recovery-Oriented Service Planning Principles

1. The person in recovery drives the recovery planning process.
2. Service planning and the planning system must be constructed in such a way that encourages independence, develops natural community supports and provides for a choice of services.
3. Individuality should be recognized, respected and used in constructing an effective plan for change and growth.
4. A wide variety of methods should be explored for developing an effective plan for change and growth.
5. Successful working relationships are based on trust which is gained by communicating honestly and respectfully.
6. A person's strengths must be identified before setting goals.
7. Plans should be in easy to understand language that helps everyone involved work together.
8. The individual's chosen support network should be involved whenever the individual decides it may be helpful.
9. Ideas for progress toward goals must be tested within reasonable timeframes and viewed at regularly defined times.
10. Service plans should belong to the person(s) in recovery and be in a form that can be built upon and carried from one service provider to another.
11. The service plans should promote wellness for the whole individual. Plans should reflect ways to make healthy and personally meaningful choices for body, mind and spirit.