The Center for Public Service Psychiatry
of Western Psychiatric Institute and Clinic
and
University of Pittsburgh School of Medicine
Center for Continuing Education in the Health Sciences
with
Community Care Behavioral Health Organization, and
The Pennsylvania Psychiatric Leadership Council
present:

The Road Home: Moving Toward Integrated
Behavioral and Physical Health

June 21, 2010
8:00 am – 4:30 pm
Omni William Penn Hotel
Pittsburgh, Pennsylvania

Conference Directors:
Sharon Kohnen, MD
Robert Marin, MD
Wesley Sowers, MD
OVERVIEW:

Systems of care to treat persons with mental illness and physical illness have evolved independently, in ways that have most often served the needs of organizations rather than promoting individuals’ health and wellness. Recent research has identified a dramatic decrease in life expectancy in individuals with serious mental illness and marked disparities in physical health indicators. People with significant disruptions in their physical health are more vulnerable to mental health problems, but are often reluctant to seek help in mental health centers. In both cases, access to integrated care is limited. There are numerous barriers to full integration of physical and behavioral health at the system, provider, and consumer level. This conference will highlight strategies to promote integration of behavioral and physical health care in various settings for the goal of achieving optimal health and wellness for all individuals.

TARGET AUDIENCE:

The conference is intended for all stakeholders involved in behavioral and physical health service systems. Behavioral health providers and payers, physical health providers and payers, consumers, family members, and advocates are encouraged to attend.

OBJECTIVES: At the conclusion of this meeting participants should be able to:

1. Implement strategies to improve integration of physical health in behavioral health settings and systems.
2. Implement strategies to improve integration of behavioral health in physical health settings and systems.
3. Employ techniques that promote holistic approaches to health care.
4. Engage in health-promoting behaviors and advocate for integrated health care.
Featured Speakers:

Kenneth Jue, B.A. from Trinity College (Hartford, CT.); MSSA (social work) from the School of Applied Social Sciences, Case-Western Reserve University; Honorary Degree of Doctor of Humane Letters, Keene State College (Keene, NH) for community building activities. Currently, Mr. Jue is the Senior Executive of Monadnock Family Services after recently retiring in 2009 as the Chief Executive Officer, a position which he held since 1998, creator and founder of the award-winning In-SHAPE program, which is being replicated and researched in four states. Has worked in the field of mental health for 38 years in Colorado and New Hampshire; worked in the field corrections and substance abuse; presented at numerous professional conferences; consulted to businesses and to governments and organizations in New Zealand, Malaysia, Singapore, England, Canada and Ecuador. Mr. Jue serves on the boards of directors of many community non-profit agencies and New Hampshire advocacy organizations and has held local public elected office.

Rohan Ganguli, M.D., Professor of Psychiatry and Canada Research Chair, University of Toronto, and Executive Vice President at the Center for Addiction and Mental Health (CAMH), Toronto. He also holds a part-time appointment as Professor of Psychiatry, Pathology, and Health and Community Systems, at the University of Pittsburgh. Dr. Ganguli received his medical training in India, at the Christian Medical College, Vellore, followed by a residency in psychiatry at Memorial University in Newfoundland, Canada. In 1978 he moved to Pittsburgh as a teaching fellow at Western Psychiatric Institute and Clinic (WPIC). In Pittsburgh, Dr. Ganguli held several clinical and administrative positions at the University of Pittsburgh Medical Center (UPMC), including Chief of Clinical Services and Vice Chair for Clinical Affairs in the Department of Psychiatry. Since 2008 he has been in his current position in Toronto. Dr. Ganguli has conducted a variety of studies aimed at understanding the etiology and treatment of schizophrenia, with recent research focused on strategies to reduce the risk of heart disease and diabetes in individual with schizophrenia, in order to reverse the reduction in life span associated with this disorder. He has received numerous grants and has published over a hundred peer-reviewed papers, editorials, and book chapters. He has also served as a consultant to SAMHSA, the VA, and to the pharmaceutical industry. He has been the recipient of a Research Career Development Award from the NIMH, an Established Investigator Award from NARSAD, and a Canada Research Chair from CIHR. Dr. Ganguli continues to provide direct clinical care and has been awarded an Exemplary Psychiatrist Award (1998), Psychiatrist of the Year (2003), and Professional of the Year (2008), by the National Alliance for the Mentally Ill (NAMI). He has also been continuously listed in “Best Doctors in America” and America’s Top Doctors” since these ratings came into existence.
Andrea Fox, MD, MPH is an internist with fellowship training in geriatric medicine and board certified in geriatrics as well as palliative care medicine. She is currently the medical director at the newly-funded FQHC (federally qualified health center) called the Squirrel Hill Health Center. This center has as its focus the care of older adults and ethnic and religious minorities and has been seeing a substantial numbers of people from the new immigrant and refugee populations in Pittsburgh. Dr. Fox graduated from Boston University School of Medicine in 1982 and completed the Residency Program in Social Medicine, Internal Medicine at Montefiore Medical Center in Bronx, NY. During her residency she developed and had funded an outreach program for homeless people. Following her fellowship in geriatric medicine at the same hospital, she became attending in the Division of Geriatric Medicine where she focused on community outreach and home care programs for the Division. In addition, she was an active teacher of patient communication and geriatrics at the Albert Einstein College of Medicine. In 1991 she joined the faculty of The University of Pittsburgh School of Medicine in the Division of Geriatric Medicine. She developed two programs for frail older adults, one focused on those older adults who were homebound because of psychiatric illness. From 1994-1999 she was Medical Director of the Benedum Geriatrics Center. In 1999 she became Associate Director for Clinical care at the newly funded Geriatric Research, Education and Clinical Center at the VA Pittsburgh Healthcare System. There she successfully developed outreach programs such as a mobile medical unit for poor inner city older adults, enhanced services through the Home-Based Primary Care Program and developed an inpatient palliative care unit as well as a telemedicine program. She is currently an Associate Professor of Family Medicine at the University of Pittsburgh School of Medicine and has won multiple awards for her teaching and mentoring activities.

Guest Speakers:

James Schuster, MD: Medical Director, Community Care Behavioral Health Organization

Ken Thompson, MD: Medical Director, Center for Mental Health Services, Substance Abuse and Mental Health Administration

Discussion Group Facilitators:
Stephen Christian-Michaels, Andrea Fox, Noreen Frederick, Adam Gordon, Mary Jo Gray, Sara Hamel, Ken Jue, John Lovelace, Joseph Montone, Abigail Schlesinger, James Schuster, Sally Jo Snyder, George Steffey, Jenny Williams
Planning Committee:

Stephen Christian-Michaels, Mario Cruz, Deborah Duch, Sarah Goldstein, Dick Jevon, Diane Johnson, James Kindler, Lissa Lansdale, Victoria Livingstone, Beth Nolan, Meg Park, Sally Jo Snyder, Mim Schwartz, Curtis Upsher, Toni Wilson

Course Directors:

Sharon Kohnen, MD – Fellow, Center for Public Service Psychiatry
Robert Marin, MD – Associate Director, Center for Public Service Psychiatry
Wesley Sowers, MD - Director, Center for Public Service Psychiatry

DISCLAIMER STATEMENT

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ADA Statement
Participation by all individuals is encouraged. Advance notification of any special needs will help us provide better service. Please notify us of your needs at least two weeks in advance of the program by calling 412-647-6264.
Program:

Monday, June 21, 2010    Omni William Penn Hotel

8:00   Registration and light breakfast

9:00   Welcome
       Wes Sowers
       Introduction
       James Schuster

9:15   Promoting Wellness and Inclusion in Health Care
       Ken Jue

10:00  Primary Care for Behavioral Health Consumers
       Rohan Ganguli

10:45  Break

11:00  Discussion Groups
a. Coordinating Care: Fostering Communication
       James Schuster and John Lovelace, Community Care
       Behavioral Health Organization
b. Screening in Primary Care Settings: SBIRT and Beyond
       Jenny Williams and Adam Gordon, Healthcare for the
       Homeless
c. What You Can Do: Individual Interventions for Providers
       Rohan Ganguli, University of Toronto and co-facilitator to be
       announced
d. Another Dimension: Spirituality and Integrated Care
       George Steffey, East Liberty Family Health Center
e. Integrating Physical Health in Behavioral Health
       Settings: Toward a Mental Health Home
       Noreen Frederick, Mon Yough Community Services and
       Lissa Lansdale and Toni Wilson, UPMC McKeesport
       Latterman Family Health Center
f. Dialogue: Behavioral Health Consumers talk with Primary
       Care Providers
       Allegheny County Coalition for Recovery, Consumer –
       Provider Collaborative

12:15  Lunch
       Integration and Inclusion: SAMSHA Initiatives
       Ken Thompson

1:15   Behavioral Health in Primary Care Settings
       Andrea Fox
2:00 Break/Room Transition

2:15 Discussion Groups

g. Self-Advocacy: The Consumer’s View
   Sally Jo Snyder, Consumer Health Coalition and and co-facilitator to be announced

h. Integrated Care in Federally Funded Health Clinics
   Andrea Fox, Squirrel Hill Health Center and Joseph Montone and Samuel Detwiler, Primary Health Network

i. Getting it Done: Administrative Issues in Implementation
   Ken Jue, Monadnock Family Services and Stephen Christian-Michaels, Family Services of Western Pennsylvania

j. Addressing Behavioral Health in Primary Care Settings
   Mary Jo Gray, Pittsburgh Regional Health Initiative, and John Kleppner, Southwestern PA Human Services

k. Start at the Beginning: Integrated Pediatric Care
   Abigail Schlesinger, WPIC and Sara Hamel, UPMC Children’s Hospital Child Development Unit

l. Dialogue: Primary Care Providers talk with Behavioral Health Consumers
   Allegheny County Coalition for Recovery, Consumer – Provider Collaborative

3:30 Break

3:45 Panel Discussion

4:30 Closing Comments and Adjournment

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Continuing Education Credit:

Psychologists
Western Psychiatric Institute and Clinic is approved by the American Psychological Association to offer continuing education for psychologists. Western Psychiatric Institute and Clinic maintains responsibility for this program and its content. This program is being offered for 7.0 continuing education credits.

Counselors
Western Psychiatric Institute and Clinic is recognized by the National Board for Certified Counselors (NBCC) to offer continuing education for National Certified Counselors. Western Psychiatric Institute and Clinic adheres to the NBCC Continuing Education Guidelines. This program is being offered for 7.0 continuing education credits.

Physicians
The University of Pittsburgh School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

*The University of Pittsburgh School of Medicine designates this educational activity for a maximum of 6.75 AMA PRA Category 1 Credits™. Each physician should only claim credit commensurate with the extent of their participation in the activity.

Licensed/Clinical Social Workers, Licensed Professional Counselors, Licensed Marriage and Family Therapists: LSW/LCSW/LMFT
7.0 clock hours of continuing education are provided through co-sponsorship of the University of Pittsburgh School of Social Work, a PA-approved provider of social work continuing education in accordance with all the applicable educational and professional standards of the Council on Social Work Education. These clock hours satisfy requirements for LSW/LCSW, LPC and LMFT renewal. For information of social work continuing education, call (412) 624-3711.

Educators: ACT 48
Western Psychiatric Institute and Clinic is recognized by the Pennsylvania Department of Education to offer continuing Education Credits under Act 48 guidelines. WPIC adheres to the Act 48 guidelines.

Other Health Care Professionals
Other health care professionals are awarded 0.6 Continuing Education Units (CEU's) which are equivalent to 6.7 contact hours.
Location:
Omni William Penn Hotel
531 William Penn Place
Pittsburgh, PA  15219
(412) 281-7100

Overnight Accommodations:

Those needing hotel accommodations are responsible for the cost of their own hotel room. Reservations can be made with access to the reduced UPMC rate of $159.00, plus 14% fees and taxes. Call 1-800-THE-OMNI (1-800-843-6664), and refer to the group Western Psychiatric and the event, The Road Home: Moving Toward Integrated Behavioral and Physical Health. Reservation requests received after May 21, 2010 will be honored on a space-available basis.

Registration Information:

Tuition:  $25 (A limited number of scholarships are available upon request)

Tuition Includes:

- All registration and conference materials
- Refreshments
- Continuing education credit

Full Tuition must accompany the form. A $10 administrative fee will be deducted from all refunds for cancellations. No refunds can be issued once the program has begun. Please return the registration form and tuition by June 1, 2010.

Please make your check payable to OERP/WPIC and send it with the registration form to:

Nancy Mundy
Western Psychiatric Institute and Clinic
Office of Education and Regional Programming
4601 Baum Building, Room 166
3811 O’Hara Street
Pittsburgh, PA  15213
Telephone: 412-802-6900
Fax: 412-802-6910
mundynl@upmc.edu
www.wpic.pitt.edu/oerp
Registration Form:

Fostering ServiceIntegration: The Road Home: Moving Toward Integrated Behavioral and Physical Health

Course Codes: June 21, 2010
(Please type or print; photocopy for additional registrants. Telephone registrations cannot be accepted.)

Registration Deadline: June 7, 2010

Social Security Number: (Last five digits only)
________________________________________________________

Name:
________________________________________________________
Last           First

Institutional Affiliation:
________________________________________________________

Address:
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City          State:              Zip:

County:
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Day Telephone ( )
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E-Mail Address:
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Please indicate your first and second choice for the focus groups you would like to attend:

Morning Discussion Group:
First Choice
A___ B___ C___ D___ E___ F___
Second Choice
A___ B___ C___ D___ E___ F___

Afternoon Focus Group:
First Choice
G___ H___ I___ J___ K___ L___
Second Choice
G___ H___ I___ J___ K___ L___
Please check ALL that apply:

___ Behavioral Health Provider   ___ Physical Health Provider
___ NBCC Counselor (NBCC Number____________)   ___ MD
___ Social Worker   ___ Psychologist___ Nurse   ___ Service Coordinator
___ Educator/Act 48   ___ Consumer   ___ Family Member   ___ Advocate

Voluntary Information:

Age_____   Ethnicity _______________________   Gender_____________

Tuition:___________________

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